



DASC UPDATES
August 2015
www.dare-asc.co.uk

I hope you are all enjoying the school summer holiday period whether at home or away.

Summer Holiday Swimming Training

As usual we are running a reduced programme, partly because of school pool closures, and partly to enable coaches, swimmers and their families to have some time off this summer. However training opportunities are still available, in particular:

- DASC has hired 2 lanes in the 50m pool at Sunderland Aquatic Centre on Saturdays 15, 22 and 29 August 8-10am. This is now open to any swimmer in A3 squad and above to attend. Transport is not provided and a small charge of £5 will be made towards the cost of pool hire. Please let Glen Fenby or Carol Bottomley know if you are interested.
- Training at Haughton Education Village on Saturday 15 August 11.45am-1.15pm has been opened up to any swimmer who would like to attend. This pool costs DASC £30 per hour of your squad fees to hire, so please come along and make good use of it.

Next Term

The coaching team are finalising the training programme for next term to take into account the closure of the Dolphin Centre main pool and diving pool for major maintenance works. There will also be information coming out soon about coaches for the new season.

If any parents are interested in getting involved in coaching swimming, there is a Level 1 Coaching Swimming course to be held at Morpeth Leisure Centre on the 26th/27th September, 3rd / 4th October 2015. Participants need to sign up by the end of August. If you are interested, please speak to Laurence Murray or Glen Fenby. See attached flyer for more information.

Galas for next season

All swimmers from B2 squad and above are encouraged to enter our annual Darlington Dander Meet on Sunday 4th October. It will be staged at Billingham Forum because of the pool closure at the Dolphin Centre. As well as being an enjoyable gala, this is our single biggest fund-raising event of the year. We will be looking for parents to support the club by volunteering for a large variety of roles which will need carrying out. Entries are now due in by Tue 8 September – note this is an extension by a week of the closing date.

Entries for the Billingham Autumn Open Meet on 12&13 September and Richmond Dales ASC gala on 19&20 September have closed. Gala information is available on the website and club noticeboard and by e-mail.

Please look out for entry details for both the Rotherham Metro Long Course Gala held usually in mid-January (a long course graded gala and a great opportunity for a chance to race in a 50m pool; it is held at Ponds Forge in Sheffield) and the Scarborough Gala held usually mid-June (a fun gala with SKINS events and don't forget the traditional swim in the sea!). Both require early entries. These galas have proved popular with our swimmers for many years now and are Glen's favourites! Entries can be made from all squads B1 and upwards as we are keen to take as many swimmers as possible.

Thank you to Mr Neil Archbold (father of Owen in B1), who has volunteered to help with gala entries on Tuesday Club Nights. There is still room for another volunteer to help spread the load!

ASA Registration

Please note that for almost all licensed galas, swimmers have to be registered at Category 2, competitive swimmer status, in order to take part. Swimmers can upgrade to this at any time during the year, by paying an upgrade fee and seeing Jane Teague. There is no longer a form to complete to do this. After 1st October and up until 31

December, all ASA registration fees and upgrade fees reduce to £0. This means that newcomers competing in the Dander Meet as their first licensed gala in 2015 will be able to upgrade for free, but will still need to speak to Jane to be upgraded online. The new ASA registration year starts again in January.

Monthly Squad Fees

There have recently been about 40 swimmers changing squads and 11 new starters, so it would be very much appreciated if all parents of movers/newcomers ensure that their standing orders for monthly squad fees are amended/set up in time for their SEPTEMBER payment.

Several families recently received requests for squad fees arrears to be paid promptly. Thank you to those who have done so. For others, please arrange to pay up and amend your standing orders. See Jane Teague if you have any questions. Payments can be made by:

- cheque payable to DASC
- cash – exact amount please
- BACS payment to the club account, but if paying by this method please indicate with your payment what it is for and e-mail Jane to let her know when you have paid.

Can I remind all those students who train with us on an occasional basis during their holidays that this is not a free service! Please remember to settle up at the Club Desk before you return to your studies. We have enjoyed having you back with us.

The current squad fees are:

Top1	£52	A1	£46	B1	£28	Div (1x /wk)	£15	Casual club members per session	£4
Top2	£36	A2	£39	B2	£28	Div (2x / wk)	£23	Visitors per session	£5
Geezers	£15	A3	£36	B3	£24	Div Masters	£19	Trial sessions (3) – new starters	£10 ^{total}

DASC Swim Shop

The Club Swim Shop is usually open on the 1st and 3rd Tuesdays of the month on poolside at the Dolphin Centre 6.00-7.30pm. However over the school holidays it will just open on 18 August. Thank you to Sue Healey and Christine van Mourik for running it. It sells:

- DASC kit - T-bag T-shirts, hats, water bottles, bags, sprint award badges
- General swimwear and swimming equipment – floats, pull-buoys, flippers, kitbags, goggles and record books etc. Swimmers in B squads are not required to have their own floats, pull-buoys and flippers.

Other DASC kit including hoodies, T-shirts, shorts and towels is available to order online from www.gggear.co.uk. If you order swimwear or equipment from ProSwimwear or NESS via the links on our club website, then DASC will receive commission on the sale. In the last year we have earned over £90 from Proswimwear.

Fund-raising Opportunities

DASC Head Coach, Glen Fenby, and former DASC swimmer, Alex Park, are helping to organise the Nifco Charity Cycle Ride taking place on Sunday 27th September to raise money for Newcastle Royal Victoria Infirmary and DASC. There are 3 possible routes of varying difficulty. Participants need to raise/donate a minimum total of £20 to these good causes. Glen is looking for 15 DASC people (swimmers, parents of swimmers, friends of DASC etc) aged 18 or over to take part. The closing date for entries is 4th September. See attached flyer for more information.

Les Mooney, one of our new committee members, has registered DASC with Easy Fundraising, so that we can all raise money for DASC while shopping online at no cost to ourselves! There is a link to the easyfundraising website from the bottom of the club website Home page at <http://www.dare-asc.co.uk/index.html>, and flyers about it on the club noticeboard at the Dolphin Centre.

Contact details:

Carol Bottomley (DASC Competition Secretary)
Jane Teague (DASC Secretary & Membership Secretary)
Laurence Murray (DASC Chairman)

carolbottomley@ntlworld.com
jane.teague@ntlworld.com
laurence.murray3@btinternet.com