



**DASC UPDATES**  
**September 2017**  
[www.dare-asc.co.uk](http://www.dare-asc.co.uk)

SOME UPDATES FOR ALL DASC SWIMMERS, PARENTS, COACHES AND FRIENDS

Please read the following carefully.

It is also important to check your e-mails and [www.dare-asc.co.uk](http://www.dare-asc.co.uk) regularly for further DASC information.

We hope you have all had an enjoyable summer, have had a bit of a break from swimming and are now raring to go for the start of the 2017-18 season.

**Recent DASC Successes in the Pool**

As one of the Top 30 swimmers in the country for her age group (13 years) **Harriet Rogers** qualified to compete in the British Championships in Sheffield at the end of July in 50m Freestyle. She finished 13th in the 13&14 years age group but significantly was the 6th fastest 13 year old in the event.

A week later Harriet returned to Sheffield for the English Summer Nationals where she competed in 100m Freestyle and 50m Butterfly. Both galas were high-pressured, but the experience should stand Harriet in very good stead for the coming season.

On the back of her successes Harriet has been selected for the NDSA Beacon Programme and been invited to join the Swim England Phase 1 National Pathway Programme for the coming season.

**Alice Day** took part in the Swim Wales Summer Open Meet in Swansea at the start of August. In the 14 years age group she competed in 100m, 400m and 800m Freestyle producing excellent long course PBs in each event and finishing 5<sup>th</sup> in 400m Free event.

**Iain Hodgson** was one of over 9000 who competed in the World Masters Championships in Budapest in August. He swam in 100m Freestyle and 50m Breaststroke events.

**Training Programme**

The training programme for the start of next term is ready. It contains only a few changes from last term. Land training for Top squad has changed from a Friday to a Monday. There are some changes to which squads may attend morning training on Mondays and Fridays.

**Monthly Squad Fees**

Quite a lot of swimmers changed squads in July and, if you have not already done so, standing order payments for them should be altered in time for the September payment. If you miss the date, please arrange to pay the arrears and change the standing order payment asap. Monthly fees information is available if you are unsure what the new amount is.

**Payments to DASC can be made:**

- by a single cheque made payable to DASC OR
- by cash (exact amount please) OR
- electronically to DASC account (Sort Code 09-01-27, Account Number 98784079). Please e-mail [jane.teague@ntlworld.com](mailto:jane.teague@ntlworld.com) if paying online and indicate clearly who and what the payment is for.

If DASC need to pay you any money, eg for gala fee refunds, then we prefer to do this by online bank transfer direct to your account. You would need to provide our Treasurer, Laurence Murray, with your sort code and account number.

### Club Desk

The DASC Club Desk is manned by volunteers:

- on Tuesdays usually from 5.00-7.30pm
- on some Sundays around 5.00pm and possibly for an hour on either/both sides of 5.00pm.

Volunteers can try to answer questions, accept gala entry forms and payments, membership forms and payments etc.

### Gala Entries

There are a lot of galas open for entry at the moment with closing dates as follows:

Date	Meet	Venue	Squads	Entry Date
Sept 17				
19	Club Gala 3	Dolphin Centre	All	5 Sep
23-24	Billingham Autumn Meet	Billingham	Top, A1, A2 & A3 Squads	1 Aug - CLOSED
30	South Tyneside Autumn Meet	Haven Point	Top, A1, A2 & A3 Squads	6 Aug - CLOSED
Oct 17				
1	South Tyneside Autumn Meet	Haven Point	Top, A1, A2 & A3 Squads	6 Aug - CLOSED
8	Darlington Dander October Meet	Darlington	All Eligible Swimmers – B2 and upwards	12 Sep
15	Durham Medley Challenge – something different!	Freemans Quay	Top & A1, A2 & A3 Squads	29 Aug (first come, first served entry for Clubs) - CLOSED
Nov 17				
12	Spenborough Bonfire Bash – short course sprints meet	Leeds	Top, A1, A2 & A3 Squads	19 Sep (first come, first served entry for Clubs)
18	Glyn Mettam Memorial B Grade Open Meet – LONG COURSE - Sheffield City Swimming Club	Ponds Forge, Sheffield -	A3 and B1 Squads plus any A1 and A2 wanting first time long course experience	19 Sep (first come, first served entry for Clubs)

### Photographs

DASC Head Coach, Glen Fenby, wishes with parental permission, to photograph individual swimmers from all squads for the new club website which will hopefully be launched next term. Any parents who do not wish to give permission, whether or not you have withheld permission on your 2017 membership form, should let Glen know this when your swimmer is asked.

Club Swim Shop – see <http://www.dare-asc.co.uk/23.html>

This is manned by volunteers and will next be open on poolside at the Dolphin Centre on 12 and 26 September at the new times of 6.00-7.30pm.

Please note that swimmers should have their own equipment (kickboard, pull buoy and fins (flippers)) once they are in A3 squad.

### New Starters

A number of new swimmers have been training in the B squads over the summer. Welcome to DASC.

We are particularly on the lookout for new swimmers for the youngest agegroup in next season's Diddy League team. They need to have a birthday between 26 Nov 2008 and 25 Nov 2009. If you know of any keen young swimmers, please contact Jane Teague.

Gala Officials – see <http://www.dare-asc.co.uk/39.html>

It is important that we have our own qualified gala officials who are willing to officiate at galas on behalf of DASC. We currently have several club members who are qualified gala officials and/or in training to become qualified at a variety of levels. We are also very fortunate that NDSA run training courses for gala officials once a month on a Wednesday evening at the Dolphin Centre, so there is not far to travel to train.

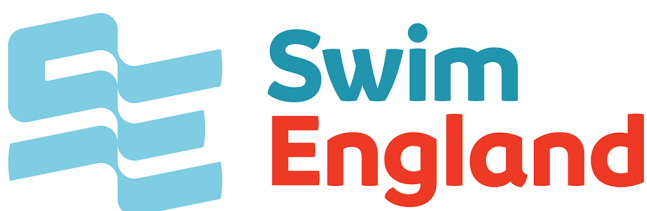
We would love to hear from anyone who would like to start becoming a gala official. There are plenty of perks to being one, not least a great view of the gala action on poolside for free, plus a good lunch as well for an all-day gala. If you are interested or would like more information or to talk to an official about what is involved, please let Jane Teague or Carol Bottomley know.

### Easyfundraising and Proswimwear

Please remember that you can raise money for DASC with online shopping via easyfundraising. You can also fundraise for the club by buying swimwear and equipment from ProSwimwear. Use the links on the club website at <http://www.dare-asc.co.uk/index.html>.

Could you make a contribution to this fundraising with little effort and no additional expense on your part?

### From ASA to SE



At the start of April the ASA changed its name to Swim England (or SE for short). They have also adopted a new logo which you may already have seen.

### Useful Contact Details:

Les Mooney (DASC Chairman)

Laurence Murray (DASC Treasurer)

Carol Bottomley (DASC Competition Secretary & Gala Organiser)

Jane Teague (DASC Secretary & Membership Secretary)

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