



GLYN METTAM MEMORIAL B GRADE OPEN MEET

18th November 2017

(ASA LEVEL 3 - 3NE170901)

**Entries invited to the above meet for A3 & B1 squads
(+ any A2/A1 requiring long course experience)**

IMPORTANT INFORMATION

This is a 50m International deck level pool. All times submitted onto the entry form must be long course times. If you only have short course times please use [swimcalc](#) to convert your short course time to long course. Any queries, please ask your coach or the club desk.

This maybe a first licensed gala for some, in which case you may need to upgrade your ASA license to a competitive swimmer. There is a cost associated with this, please see Jane Teague if you think this may be the case.

Age groups are 9yrs, 10yrs, 11yrs, 12yrs, 13yrs, 14yrs, 15yrs/over. Events are 50m/100m in all four strokes, plus 200IM. See [page 2](#) for list of events.

Please ensure that you check that you have not swam faster than the times detailed on [page 3](#). Entries with faster times will not be accepted.

Closing date for DASC entries 12th September 2017

Age as at 18th November 2017

FEE £5.50 per individual swim

Ponds Forge International Pool
Sheaf St, Sheffield S1 2BP



SHEFFIELD CITY SWIMMING CLUB
(Affiliated to A.S.A. North East Region and Yorkshire SA)
Presents under ASA Laws and ASA Technical Rules at the
PONDS FORGE INTERNATIONAL POOL, SHEFFIELD

GLYN METTAM MEMORIAL 'B' GRADE OPEN MEET

SATURDAY 18TH NOVEMBER 2017
THIS EVENT IS LICENSED AT LEVEL 3 (3NE170901)

SCHEDULE OF EVENTS

Session 1 (Estimated Duration = 3.75 Hours)

Warm-up 08:00, Start 09:00

Event 101 - 9 Years/Over Boys 200m IM
102 - 9 Years/Over Girls 100m Free
103 - 9 Years/Over Boys 100m Breast
104 - 9 Years/Over Girls 50m Fly
105 - 9 Years/Over Boys 50m Back
106 - 9 Years/Over Girls 100m Back
107 - 9 Years/Over Boys 100m Fly
108 - 9 Years/Over Girls 50m Breast
109 - 9 Years/Over Boys 50m Free

Session 2 (Estimated Duration = 3.75 Hours)

Warm-up 13:00, Start 14:00

Event 201 - 9 Years/Over Girls 200m IM
202 - 9 Years/Over Boys 100m Free
203 - 9 Years/Over Girls 100m Breast
204 - 9 Years/Over Boys 50m Fly
205 - 9 Years/Over Girls 50m Back
206 - 9 Years/Over Boys 100m Back
207 - 9 Years/Over Girls 100m Fly
208 - 9 Years/Over Boys 50m Breast
209 - 9 Years/Over Girls 50m Free

*** Please note that a swim down facility will be available ***

MEET INFORMATION

- 50m 10 Lane International Pool•
- Omega Electronic Timing with Full Display•
- Anti-turbulence Lane Ropes•
- Swim Shop•
- Cafeteria On Site•
- Ample Pay & Display Parking nearby•

Age Groups : 9yr, 10yr, 11yr, 12yr, 13yr, 14yr, 15yr & Over

Ages at **18th November 2017**

Length of Pool: 50m - Deck Level 10 Lane

Entry times to be converted to 50m

Entry Fees £5.50 per individual entry

Closing date for entries: 31st October 2017

Spectator Admission

All Day Pass Adult £8.00, Child and O.A.P. £4.00
Refund of £4.00 for adults and £2.00 for child/OAP if morning session only attended
All Day Programme £2

The promoters reserve the right to limit entries where necessary. Entries will be accepted on a first come, first served basis. Late entries will not be accepted. No on-the-day entries accepted, unless due to promoter's error. Over the top starts may be used.

All winners will be decided on a **Heat Declared** basis. Prizes will be awarded to the fastest six in each **individual** age group after taking account of the "cut-off time".



**Sheffield City Swimming Club
Glyn Mettam Memorial 'B' Grade
Open Meet**

Meet Entry Qualification Times

November 18th 2017

AGES AS AT 18TH NOVEMBER 2017		ALL TIMES ARE LONG COURSE (50M)													
		BOYS					GIRLS								
UPPER LIMIT TIMES		9yrs	10yrs	11yrs	12yrs	13yrs	14yrs	15yrs+	9yrs	10yrs	11yrs	12yrs	13yrs	14yrs	15yrs+
Cut Off Time		38.0	36.0	34.0	32.0	31.0	29.0	27.0	40.0	36.0	35.0	34.0	33.0	31.0	29.0
Cut Off Time		1.22.0	1.20.0	1.15.0	1.10.0	1.08.0	1.05.0	1.00.0	1.20.0	1.18.0	1.15.0	1.12.0	1.08.0	1.06.0	1.04.0
Cut Off Time		46.0	43.0	39.0	36.0	34.0	32.0	30.0	44.0	40.0	38.0	36.0	35.0	34.0	33.0
Cut Off Time		1.32.0	1.30.0	1.24.0	1.20.0	1.13.0	1.10.0	1.06.0	1.33.0	1.31.0	1.25.0	1.20.0	1.16.0	1.15.0	1.13.0
Cut Off Time		52.0	50.0	45.0	41.0	39.0	38.0	36.0	51.0	49.0	45.0	43.0	41.0	40.0	38.0
Cut Off Time		1.42.0	1.40.0	1.35.0	1.33.0	1.27.0	1.22.0	1.18.0	1.44.0	1.42.0	1.36.0	1.33.0	1.28.0	1.27.0	1.24.0
Cut Off Time		44.0	43.0	40.0	38.0	36.0	34.0	32.0	46.0	43.0	40.0	39.0	38.0	37.0	36.0
Cut Off Time		1.31.0	1.29.0	1.25.0	1.22.0	1.17.0	1.13.0	1.09.0	1.30.0	1.28.0	1.26.0	1.22.0	1.19.0	1.17.0	1.15.0
Cut Off Time		3.20.0	3.10.0	3.02.0	2.51.0	2.44.0	2.32.0	2.29.0	3.23.0	3.13.0	2.58.0	2.53.0	2.46.0	2.38.0	2.34.0

Acceptance of Entries: Cut Off Times will be applied to each event. No entries will be accepted with times faster than the Cut Off times. No Awards will be made to swimmers whose performance times are faster than the above Cut Off times by 2.0 seconds – however, they will receive a speeding ticket.

Sheffield City Swimming Club – Glyn Mettam Memorial 'B' Grade Open Meet

Saturday 18th November 2017

Promoters' Conditions

1. The competition will be held under A.S.A Laws and A.S.A Technical Rules, and has been licensed at Level 3 (3NE170901) by the ASA for entry into County and District Championships and Competitions.
2. Cut Off Times will be applied to each event. **No entries will be accepted with times faster than the Cut Off times.** No Awards will be made to swimmers whose performance times are faster than the Cut Off times by **2.0 seconds** – however, they will receive a speeding ticket.
3. The Pool is 50m long x 10 lanes with electronic timing and scoreboard. No outdoor shoes to be worn on the poolside, but footwear must be worn in the spectator's gallery and outside the pool marshalling area. Anti-wave ropes will be used.
4. Team Managers or coaches are responsible for their swimmers throughout the Meet and must supervise the warm up of their swimmers. They are responsible for their good behaviour and whereabouts at all times. Please do not let competitors wander around the Ponds Forge Complex.
5. The age groups are as of 18th November 2017 – 9 years, 10 years, 11 years, 12 years, 13 years, 14 years, 15 years and over. Swimmers are eligible to enter their own age group only.
6. All events will be heat declared winners. The heats will be arranged according to submitted entry times. It is the swimmers and clubs responsibility to assure that all swimmers' are entered in the correct age group. Poolside entries will not be accepted.
- 7. Please note that this gala will be run without cards. A hard copy printout of accepted entries will be sent out approximately 2 weeks before the gala.**
8. Swimmers must report to the competitors stewards at least one event prior to their own.
9. Awards will be made to the first six swimmers in each age group in each event after taking account of the "cut-off time". No Awards will be made to swimmers whose performance times are faster than the Cut Off times by **2.0 seconds** – however, they will receive a speeding ticket.
10. Awards will be available from the trophy desk during the sessions, after event results have been announced / posted. Top Club awards will be presented to the 3 visiting clubs accumulating the most points. Points will be awarded on the basis of 1st – 6 points, 2nd – 5 points, 3rd – 4 points, 4th – 3 points, 5th – 2 points, 6th – 1 point. In the event of a tie, the number of 1st places etc. will decide the winner.
11. Full results will be placed on Sheffield City SC's website (www.sheffieldcityswimmingclub.co.uk) as soon as possible after the meet.
12. The referee's decision will be final on all matters relating to swimming and swimmer discipline.
13. The promoters take no responsibility for lost property. Lockers are provided in the changing rooms. There is a charge for car parking and space at the complex is limited. There are a number of long stay car parks nearby.
14. Any matters not covered by these conditions shall be at the promoters' discretion if not covered by ASA Laws or Technical Rules.

GLYN METTAM SHEFFIELD ENTRY FORM



To be returned to the club desk by 12th September
LATE ENTRIES WILL NOT BE ACCEPTED

BEFORE COMPLETING... please check the schedule of events and note conditions which may apply, specifically to event age and qualifying times.

Gala Name & Venue: <i>Glyn Mettam Memorial B grade - Sheffield</i>	Full name:	
	ASA Registration No.	
	Date of birth:	
Gala Date: <i>Saturday 18th November</i>	Age as at 18th Nov. 2017:	
	Squad:	

Please enter a time against each selected event(s). You can check times achieved in licensed galas at swimmingresults.org/biogs/. The times you give below for an event must be accurate. Incomplete forms may not be processed. For swim conversion times visit swimcalc.com. If you are unsure of entry times please consult with your coach before submitting this form.

Freestyle		Backstroke		Breaststroke		Butterfly		Individual Medley	
50		50		50		50		100	
100		100		100		100		200	
200		200		200		200		400	
400		<i>Comments/notes</i>							
800									
1500									

Fee per swim	Number of swims	Amount paid
£ <i>5.50</i>		£

Payment must be submitted with the form, either by cash or cheque payable to DASC.

Parent/Guardian signature:	Date:
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